

## **CULTIVATION CREW**





Blossom IDD is looking to start a new program, Cultivation Crew. We have found that individuals with IDD are at a high risk for comorbidity health issues. For that reason, along with our holistic lifestyle philosophy, we wanted to do something to work towards creating healthier lifestyles for participants. Cultivation Crew consists of supporting individuals in hosting and participating in potlucks and educational seminar classes.

This is a free program provided as a part of the mission of Blossom IDD!



View program dates and sign up at:

www.blossomidd.org/blossom-iddevents-activities/

Questions about if this program would be a good fit for you?

Contact our Executive Director, Sam Bear at 414-688-1088 or <u>director@blossomandmercantile.com</u>

HIGHLY INDEPENDENT