



The following are our current options for 1:1

services with STEPS to date. Document will be updated as additional services are added.

| STEPS Transitional Supports Menu | | | | | |
|---|--|---|--------------------------------------|---------------------------------------|---|
| Employment | Education & Enrichment | Community Life & Engagement | In Home Safety & Supports | Daily Living Skills | Church Membership & Engagement |
| Resume Development | Support with researching/applying and getting into education or enrichment program | Accessing and Using Community Resources | | Money Management | Assisting Individuals with Finding a Church & Attending |
| Job Search Assistance | Tutoring for classes or certifications | Community Interpersonal Skills | | Grocery Shopping and Food Preparation | |
| Mock Interviews | | Social Network Support *(in form of group socialization activities) | Roommate Matching | Home Upkeep & Maintenance | |
| | Health & Wellness Education & Enrichment | | | Organization & Time Management | |
| | | | | Personal Hygiene | |

*not a 1:1 service, designed to be provided in group form

*6/14/22 SOS

Resume Development: Coach assists participant in preparation of and development of a professional resume.

Job Search Assistance: Coach provides guidance and support in the process of researching for jobs and careers in pathways identified by the participant as being of interest and alignment with skills.

Mock Interviews: Coach will facilitate scenarios for interviewing and roleplaying through them along with providing feedback to the individual. Proper attire and interview will also be addressed.

Support with researching/applying getting into education or enrichment program: After identifying career/educational interests with participant, coach will provide specific support in the steps and processes needed to research and then apply to selected areas of educational certification/degree or enrichment.

Tutoring for classes: Coach will provide individualized tutoring and support for specific classes that a participant is enrolled in.

*****This area is determined to be offered based on the class the participant is in and support that the coach is able to provide.**

Health & Wellness Education: Coach will work with individual to determine specific health and wellness goals and needs that promote their daily living skills and then support them with identifying plans to execute (ie: meal planning, physical activity coordination, mental wellness regime).

Accessing & Using Community Resources: After determining the specific community access needs, coach will work with participant on identifying location and steps needed to get into the service selected (ie: medical appointments, personal care, recreational, etc) including but not limited to support with accessing transportation.

***Community Interpersonal Skills:** Coach will provide direct and explicit support and direction on appropriate interpersonal relations and communication with others within the home environment through roleplaying as well as during the time a participant is actively involved in a community activity or event.

***Community Interpersonal Skills through Social Network Support *(in form of group socialization activities):** Services are same as community interpersonal skills with an extension of engaging in activities with others from their peer group.

Roommate Matching: Coach will work with individual to identify traits and characteristics of a potential roommate that would best support/enhance individual's independence and then assist them in the process of making those connections.

*6/14/22 SOS

Money Management: Based on individual's skills and needs, coach will assist with development of budget, tracking and usage. This will include such areas as identifying needs vs. wants as well as physical management and usage of money (credit card, dollars, check, etc). This may also include basic math skills and usage of assistive technologies associated with money management.

Grocery Shopping & Meal Planning: Coach will work with individual on such things as meal planning, grocery shopping, recipe development and all steps associated with meal preparation.

Home Upkeep & Maintenance: Based on individual's needs and level of independence support, guidance and tools to promote safety and wellness and comfort in their home environment. This may include things such as cleaning, simple home maintenance tasks and/or items needed for safety purposes.

Organization & Time Management: Coach will provide assistance with personal organization, routines, structure and tools needed for individual to maintain independently.

Personal Hygiene: Coach will provide participant with education and training related to personal hygiene and work with them to develop a plan of support and direct care as needed.